



*Caring for and Educating
East Bay's Children
For Over 40 Years*



*Dynamic Education
Optimizing Each Child's Potential*

WELCOME TO THE CHILD DAY SCHOOLS

Since 1976, The Child Day Schools has utilized the most current educational programs within a caring and supportive community for children and families. What sets us apart is our unique curriculum and dynamic environments that spark children's excitement and curiosity for learning.

*- R. Ann Whitehead, M.S. Educational Psychology
Founder and Executive Director*

THE PHILOSOPHY OF THE CHILD DAY SCHOOLS

To provide the best possible programs for children by:



Responding to the needs of families by providing a variety of program hours and options, and creating a sense of community by sponsoring events that bring families together. We partner with families by working collaboratively with them when special issues arise.



Utilizing the most current methods to enhance children's learning, such as our project web curriculum. We know that children learn best when their activities are hands-on and meaningful to them. We use innovative ways to enrich children's experiences as they develop skills and learn about the world around them.



Implementing new approaches that help children develop positive social interactions. We help children acquire skills in resolving conflicts with peers, learning responsibility, compassion, and appreciating other cultures and traditions.



Fostering a dynamic learning environment for everyone: administrators, directors, teachers, and parents as well as children. In-house training workshops are provided for staff, as well as outside professional development incentives. We also sponsor guest speakers for parent information nights.

Our Goal

*is to support **each child's** learning in the five areas of development, as represented by the five petals of our flower:*



Cognitive

Logical reasoning, problem solving



Social

Developing friendships, cooperation



Emotional

Security, self esteem



Physical

Motor skills, eye-hand coordination



Creative

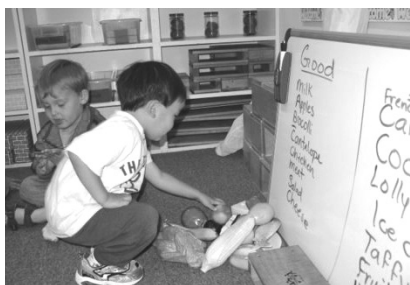
Art, dance, drama, music

The flower is in the child's hand, representing her or his individual uniqueness and value.

WHAT TO LOOK FOR WHEN YOU VISIT OUR SCHOOLS



Meaningful Teacher-Child Interactions



Print-Rich Environments (Introducing children to the concept of words and their meanings)



Active Learning

THE CHILD DAY SCHOOLS' DYNAMIC CURRICULUM

Our goal is to create an optimal learning environment where children feel safe and nurtured. With our highly-trained staff and low teacher-child ratios, we provide guidance and support for each child.

Uniting HighScope and the Emergent Curriculum (Project Webs)

Based on years of experience, we have developed a successful synergy of these two curriculum models. HighScope offers us a research-based, developmentally appropriate curriculum. Project webs are exploratory group projects, often based on science or social studies topics, which develop pre-reading and analytical skills as well as providing in-depth learning. In addition, our curriculum models incorporate the California Preschool Learning Foundations and the California Preschool Curriculum Framework.

The Key Developmental Indicators (Also called Key Learning Experiences)

Research has identified Key Learning Experiences, also called Key Developmental Indicators, which are crucial to children's intellectual and emotional growth. These learning experiences are the educational content of our curriculum, including logical reasoning, language and phonics, personal initiative, numbers and counting, as well as social and creative development.

Environments

Our environments reflect the Key Learning Experiences, and our shelves are carefully labeled to allow children to find materials independently and return them after use. Environments are equipped to meet the specific needs of each age group. Our language-rich environments help children to associate printed words with their meanings so they begin to understand the concept of reading.

Daily Routine

A consistent daily routine allows children to feel secure as they experience the predictability of their day. From large and small group times to outdoor play, each aspect is carefully planned to meet the needs of the children and reinforce the key learning experiences.

Active Learning

Children learn through hands-on experiences with the support of caring teachers. They plan, carry out, and review their work throughout the day. Children problem-solve both individually and in groups, creatively express their ideas, participate in pre-reading and pre-math activities and learn important skills for working and playing together.

Music & Movement

Music and movement are an important part of our curriculum. Children play instruments, learn fun songs and participate in various music and movement activities. These are not only fun for children but reinforce gross motor development, listening, and following directions.

SCHEDULES & RATES

Program schedules and rates vary slightly at each school location. Please call the school for ages served, program hours, rates, space availability, and to arrange a visit to see our unique classrooms. You can also visit our website at www.tcdschools.com for more information.

PROGRAMS

Programs are geared specifically for the age group they serve. This includes planning the environments, the daily routine, the materials available, and the activities to insure they are developmentally appropriate. Children engage in age-appropriate projects that provide many opportunities for success, stimulating their natural curiosity to learn more.

Young Preschool (Two's)

We provide emotional support for both children and their families during this crucial time of transitioning into preschool. Teachers support children's emerging language, self-help and social skills. They provide a wide variety of experiential learning opportunities through sensory activities and guided play. Music and movement is also an important aspect of this program. We also partner with families on toilet training.

Preschool (Three's)

This program provides patient support and guidance for three year olds. Teachers begin by helping children with social interactions and conflict resolution techniques, as well as encouraging self-help skills to increase their confidence. Teachers plan many fun key learning experiences that promote vocabulary and understanding of language, problem solving, counting and other cognitive development. Music, movement, and small and large motor activities are also important aspects of this program.

Pre-Kindergarten (Four's)

This multi-faceted program fosters growth in pre-reading, pre-math, creativity and problem solving through exploratory projects that stimulate children's natural curiosity to learn. Phonics games, rhymes, word play, explorations of natural phenomena, story telling, music, conflict resolution and life skills, as well as fostering a sense of community and camaraderie are all part of this dynamic program. These activities are carefully planned to prepare children for kindergarten.

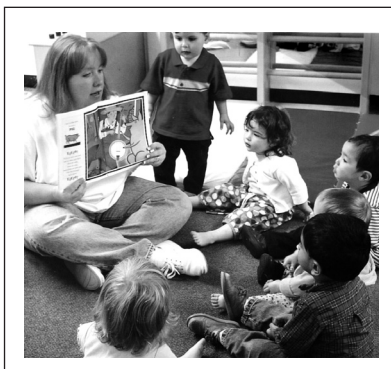
The following programs are available at certain campuses:

Junior Kindergarten (four half days per week minimum)

Similar to pre-kindergarten, our J-K program is geared for older, more mature Pre-K children and those who are not yet ready for kindergarten. To prepare children for kindergarten, this stimulating program has more structure, emphasizing the alphabet, printing, phonics, and math each week. Science and social studies project web topics promote children's ability to hypothesize, problem solve, and discover new ideas. We also include creativity and music, along with life skills, encouraging cooperation, empathy, and personal responsibility.

Toddlers (12 to 24 months)

Children explore and experiment in a gentle and nurturing environment. Experiential learning in the company of other toddlers promotes emerging skills in speech, and large and small motor development. Teachers work closely with parents to meet the needs of each child, appreciating his or her unique qualities and developmental level.



Before and After School (School Age)

This program is geared for children who have been in elementary school all day. Supportive teachers plan enrichment activities such as cooking, arts and crafts, group games and many other experiences as well as extended field trips in the summer. Time and guidance are provided for children to do homework.

Kindergarten

This program is based on an integrated curriculum model which provides core academics, including phonics, printing, reading, and math. In addition, children study broad project topics which are formal, in-depth studies of science and/or social studies integrating the core academics and art, music and drama. Life skills include mutual cooperation and support, respecting differences, accountability, completing tasks and doing one's best. This program meets or exceeds the standards of the California Department of Education.

HOW DOES A CHILD DEVELOP SELF-ESTEEM?

Our programs enhance self-esteem, and social and emotional development by:

- *Giving children many choices to encourage self-reliance.*
- *Providing activities that allow children to feel successful.*
- *Helping children develop positive relationships with peers.*
- *Supporting children when they need reassurance.*



LIFE-SKILLS, CONFLICT RESOLUTION, AND DIVERSITY

We encourage and reinforce life skills such as caring, cooperation, responsibility and friendship, and introduce these throughout the year.

Teachers use a step-by-step approach to guide children in resolving conflicts that arise throughout their day, transforming negative behaviors into positive understanding and resolution. By learning these techniques themselves, children develop valuable skills to resolve personal conflicts independently.

Children are also encouraged to appreciate diverse cultures and lifestyles through their daily interactions.

HOW DO PARENTS AND STAFF COMMUNICATE?

We advocate an interactive, supportive relationship between parents and staff to ensure the best possible experiences for children.

Parents are kept informed through reports from teachers, school newsletters, children's work, and lesson plans posted in the classrooms. Also, information about current project web activities are on class bulletin boards for parents' viewing.

We encourage parents to observe their child's classroom and to discuss any issues regarding their child.

Each program provides periodic feedback regarding each child's adjustment, development and accomplishments, including an annual Parent/Teacher conference.



TEACHERS

We actively train teachers and promote their professional growth by:

- *Providing on-site training in our unique curriculum.*
- *Providing training days with selected workshops for all schools.*
- *Providing a clear set of guidelines for developmentally appropriate practices in each age group.*
- *Providing incentives for teachers to attend outside workshops and seminars.*



HISTORY OF THE CHILD DAY SCHOOLS

In 1976, as an elementary school teacher with two small sons, I was disappointed to find very few choices for quality child care for working parents. This convinced me to make a dramatic career change, and accept a new challenge: that of creating a quality child care and education program based on the most current research on how young children learn. In 1976, I purchased the Lafayette school and in 1981 I earned a Masters degree in Educational Psychology focusing on Early Childhood Education.

Over the years our goals have remained the same - to create the best educational programs while providing a nurturing place for children. Those same qualities I wanted for my sons. As our organization grows, we continue to serve families in communities across the East Bay with the same commitment and caring I had when I started in 1976.

Along the way, we have been fortunate to attract many dedicated individuals with a similar vision and who help to insure that our quality programs continue.

***R. Ann Whitehead, M.S. Educ. Psychology
Founder / Executive Director***

OUR MISSION

The Child Day Schools is a humanistic organization dedicated to providing dynamic, age-appropriate programs for children while actively supporting teachers, families, and the community.

We value diversity and welcome children of all ethnicities, cultures, and religions.

WHAT IS THE ENROLLMENT PROCESS?

Call the school you wish to attend.

Each campus has its own school calendar, price list, and offers different combinations of programs. The Director will be happy to explain the programs offered at that particular location. She will explain the space availability of the various programs.

Take a tour with your child.

Please call the Director to arrange a visit with your child so you can see our programs in action and experience our school community.

Fill out the enrollment application forms.

The Director will provide you with an enrollment packet which includes all the forms that we are required to keep on file, and also some helpful information on adjusting to your first days at The Child Day Schools.



Lafayette

1049 Stuart Street
Lafayette, CA 94549

(925) 284-7092

lafayette@tcdschools.com
License # 073406632,
073406633

Moraga

372 Park Street
Moraga, CA 94556

(925) 376-5110

moraga@tcdschools.com
License # 073406850,
073406849

San Ramon

18868 Bollinger Canyon Rd.
San Ramon, CA 94583

(925) 820-2515

sanramon@tcdschools.com
License # 073406846, 073406845,
0734066634

Hidden Canyon School

18868 Bollinger Canyon Rd.
San Ramon, CA 94583

(925) 820-2515

sanramon@tcdschools.com

Antioch

112 E. Tregallas
Antioch, CA 94509

(925) 754-0144

antioch@tcdschools.com
License # 073406638,
073406639

Pleasanton

883 Rose Avenue
Pleasanton, CA 94566

(925) 462-1866

pleasanton@tcdschools.com
License # 013420524,
013420525

Administrative Office: 3483 Golden Gate Way, # 14, Lafayette, CA 94549
Tel (925) 284-5672 Fax (925) 284-9526

www.tcdschools.com



Administrative Office
3483 Golden Gate Way #14
Lafayette, CA 94549

Lafayette Campus
1049 Stuart St.
Lafayette, CA 94549
lafayette@tcdschools.com

San Ramon Campus
18868 Bollinger Canyon Rd.
San Ramon, CA 94583
sanramon@tcdschools.com

Antioch Campus
112 E. Tregallas Rd.
Antioch, CA 94509
antioch@tcdschools.com

Moraga Campus
372 Park St.
Moraga, CA 94556
moraga@tcdschools.com

Pleasanton Campus
883 Rose Ave.
Pleasanton, CA 94566
pleasanton@tcdschools.com

www.tcdschools.com